

The Association of FINNISH PHYSIOTHERAPISTS IN OCCUPATIONAL HEALTH



THE PHYSIOTHERAPIST IN OCCUPATIONAL HEALTH -
EXPERT IN OCCUPATIONAL HEALTH SERVICES

The physiotherapist in occupational health

- analyses and assesses employees' functioning performance and work load
- instructs employees on selecting optimal work postures, habits and movements
- provides advice on how to maintain and improve functioning and work ability
- guides employees on how to lighten the load



The objective is
a healthy employee

A healthy employee is the cornerstone of a well-functioning workplace.

The physiotherapist in occupational health

- plans and implements activities which maintain work ability together with the people at the workplace
- participates in work and workplace developing projects
- plans and carries out group activities

The objective is
a well-functioning
work community

In a well-functioning workplace employees support each other.

The physiotherapist in occupational health is an expert

- in designing new work spaces and tools
- in assessing the work environment and in developing functional solutions in collaboration with employees



The objective is
a working environment that
supports well-being

A well-functioning working environment creates well-being for the individual and for the work community: a basic requirement for productive work.

The physiotherapist in occupational health is an expert

- in workplace health promotion
- in assessing, guiding and monitoring employees' functional capacity and mobility
- in assessing and developing ergonomics and well-being at work

Physiotherapy services can be obtained from centres providing occupational health care services.



Additional information:
www.tyoterveysfysioterapeutit.fi

Physiotherapists in occupational health

in cooperation with others

The objective of the Association of Finnish Physiotherapists in Occupational Health

- to support physiotherapists working in the occupational health care sector and to enhance their professional skills
- to communicate issues related to professional expertise
- collaboration between research centres and educational institutes
- inter-professional collaboration with other well-being service providers
- to follow and influence the legislation and changes in society in relation to physiotherapists' work in occupational health

Our association

The Association of Finnish Physiotherapists in Occupational Health Työfysioterapeutit ry was founded in 1976. The association is a subgroup of the Finnish Association of Physiotherapists. Members of the association are physiotherapists working in the field of occupational health care.



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